

Chapter 2 - The Family... why?

(from the reasons of the past to the possibilities of the future)

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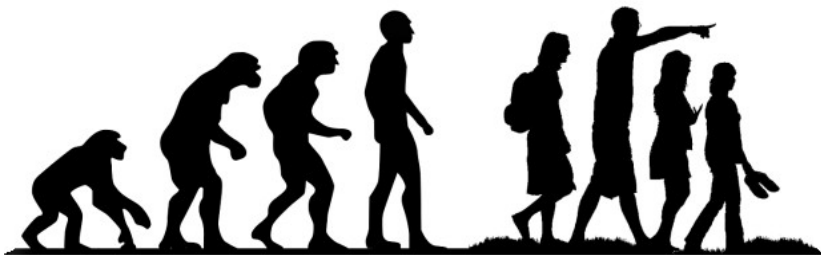
- www.paternita.info/fatherhood
- <https://welcomebackfather.blogspot.com>
- <https://www.youtube.com/@welcomebackfather>
- <http://fabiobarzagli.net>

PATERNITA.INFO/FATHERHOOD is the first international HUB devoted to Fatherhood, Childhood and Health. A Network of People, Sites with 100GB of free Texts & Videos.

Founded in **2008** by the renowned artist philosopher Fabio Barzagli, It teaches the Father as a way of KNOWLEDGE TRANSMISSION essential for the development of Individuals and Society. Pyramids may be eroded and we'll be a good Society.. but **if our Wisdom is eroded** we will have no future.

Philosophers, Historians point to **the Lack of Fathers & Healthy Male role models** as the root of decline. The 3 steps of modern mental decay: PSYCHOLOGISM (veneration of psychology at the expense of other disciplines) brings SUBJECTIVISM (my inner feeling is the objective and indisputable truth) brings NARCISSISM (egocentrism, alienation we suffer today).

THE MODERN FATHERLESS SOCIETY. In Italy and Europe over 40% of younger people live without biological father in the home. Single parent Kids are **5-10 times** more prone to failures, addictions, diseases. A single parent's child has only one opinion, a child with both parents has two opinions.. **it takes at least two** to feel the NEED to form one of his own.



“ The formula for happiness? It helps to be born to happy parents. ”

DANIEL KAHNEMAN - NOBEL PRIZE IN ECONOMICS 2002

THE FAMILY... WHY? SCIENTIFICALLY SPEAKING

In the haste of these hyper-fast times where something gets invented one day and it already seems outdated the next, let's try and stop instead.. to discover that some of the greatest World Heritage Sites don't require us to travel long distances because they're just a short trip away.. and that by always and only running, we risk missing them.

Of course I'm talking about the family; but why?

I could quote simple (although not trivial) expressions such as "it's always been like this"... or "because it is says sorry" in the Italian Constitution and especially in the Universal Declaration of Human Rights (art. 17), which reads as follows:

*"The family is the natural and fundamental group unit of society
and is entitled to protection by society and the State."*

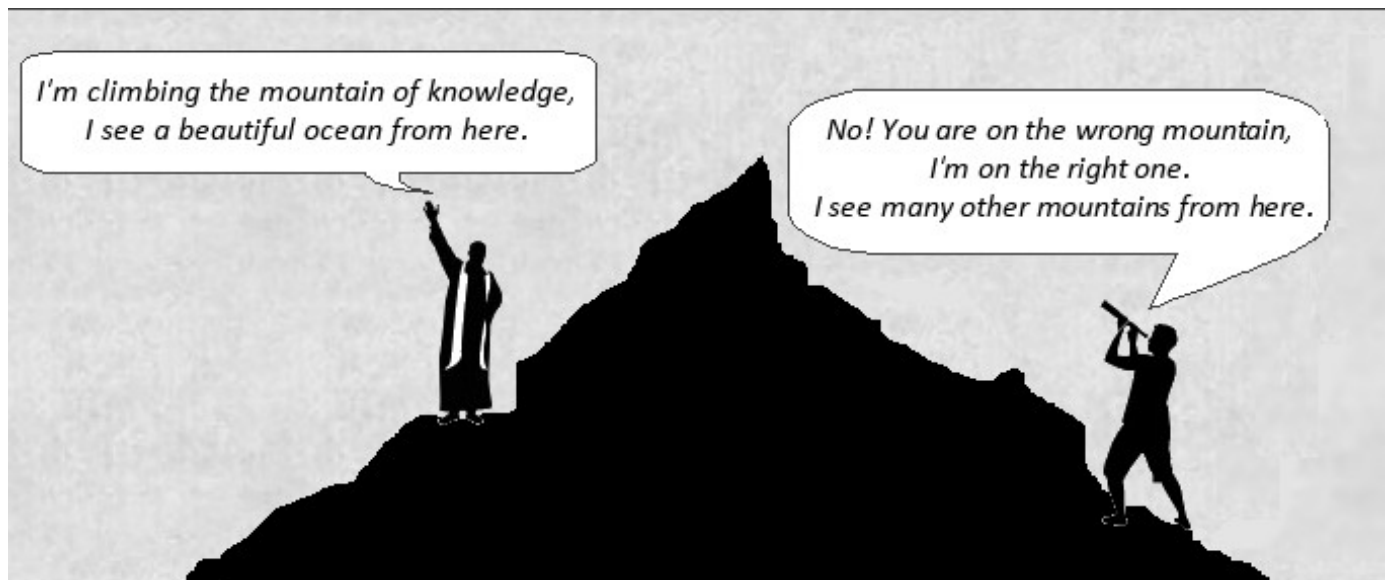
Paris 1948, United Nations Organization (UN)

But you already knew that. Didn't you? Instead, today I want to dig deeper, that is...

These founding fathers secular and Catholic, white and black, Latin and Nordic, wrote the modern democratic charters, which have brought on the best society ever enjoyed by mankind (we should always strive to improve it, of course, but all other alternatives have always proven worse). In doing so, how did they get the "intuition" to consider the family so important?

So let's see what family means and try to provide a more modern description that is than that of the post-war period, a scientific slant, perhaps using the most recent cutting edge studies such as those on complexity, psychology and the dynamics of complex systems.

Science and spirit, rationality and instinct, are two sides of the same mountain.

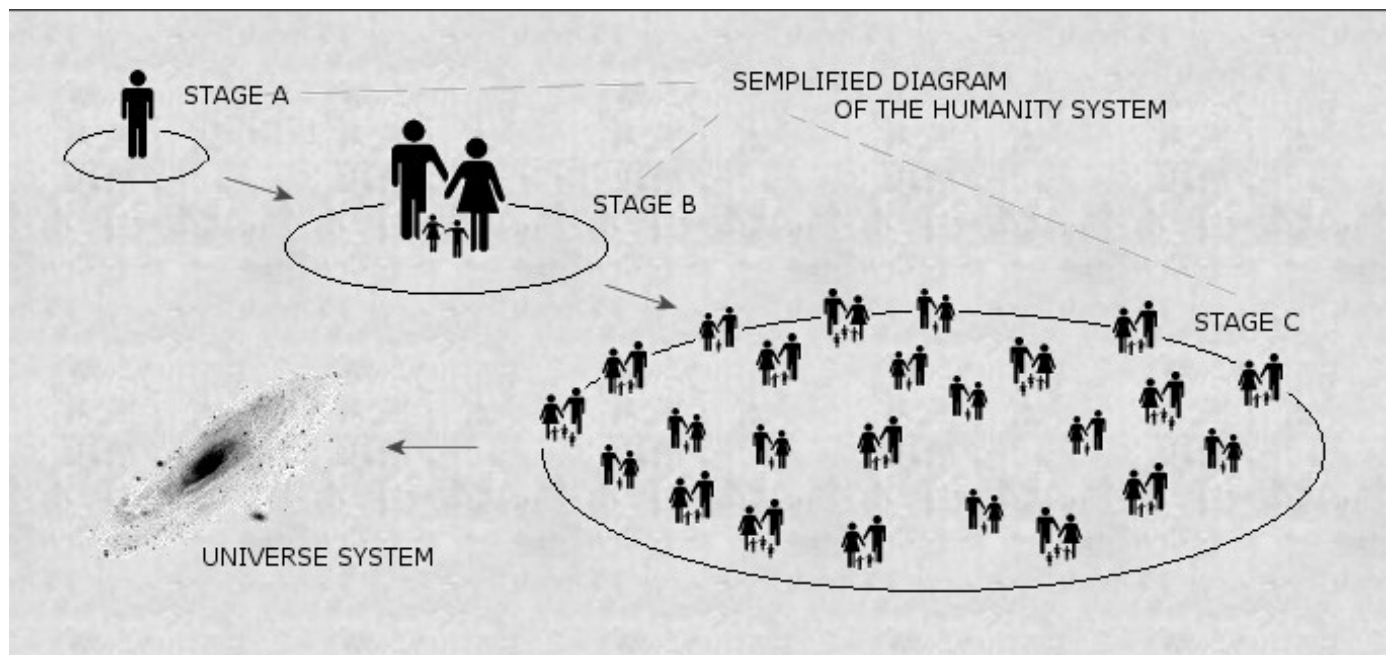


The scientific quest for balance between order and chaos is equivalent to the religious search for harmony and love.

Man has always sought this balance because, deep down, he knows that there is a place where everything finds peace, serenity, balance, solution. However, he has realised that this center of gravity is dynamic because the context evolves, at the pace of life. Hence the need, more than to find the place, to find the method, the values, to identify, perceive, follow, understand from time to time where this center, this balance shifts, to try and strive towards it, to tread on it and live human life, physical and interior, to the best of the possibilities.

So let's go back to complex systems. (<http://en.wikipedia.org/wiki/Complexity>)

In the "humanity" system (which is part of the nature/universe system) there are basically 3 levels of complexity, three stages, three orders with relative emergent properties:



All three stages are necessary. Why?

A simple test is to observe what would happen without one of these three.

Let's remove stage A (individualism, independence, ego, single consciousness) and we will return to the periods of fundamentalist ideologies, of the communism of the BR, of the Nazism of the extermination camps, of the Islamism of human bombs, where the life of the individual does not count to such an extent that it is used for the ideology-religion of the moment, where the means (even if human) justifies the end, where we are all equal but all equally devoid of freedom, homologated, where we must all have the red 950cc car, the 55sqm house, where eugenics selects two children of different sexes and kills if a repetition occurs, the system of "either you are in the group or you are marginalized" of the so-called "herd" society where everyone goes in one direction, or in the other, of the two dominant and not elsewhere because they are not capable of autonomy, independent thought and consciousness. Looking very far ahead. The society of bees or ants where each being is little more than an automaton, performing specific and limited functions; for bees there are 4 or 5, for men and women "human resources" of the consumerist and globalized society the functions, for example, could be 40 or 50, but always specific, limited, pigeonholed.

Were we to take out stage C (society, collectivity, sociality, cooperation, relationship, communication, interchange, diversity); that is the direction we are moving towards today, precisely in antithesis, as a historical and natural alternation with the previous one, the direction of unbridled individualism (which the singer V. Rossi describes well when he says "I would set fire to your house if that would cure my toothache") of unbridled consumerism, of being locked up at home in front of the TV or computer, when there is a world to know outside, of skepticism, of lack of trust in others, of mass psychosis, of the loneliness of the elderly, of the insecurity of young people, of the society of the army of single adults who repeat like a broken record "I'm fine like this" because if they were silent for a moment they would be forced to feel inside the voice of instinct that speaks to them of the immense loneliness that grips them. Looking very far ahead, this society leads to extinction because man loses the main ability that made him emerge as a species among the animal world: collaborative and communicative intelligence (in fact, man is often defined as a "social animal").

We obviously lack the physical strength of the lion or the bear or the agility of the monkey and the squirrel, but if we have prevailed, it is largely due to those forms of intelligence.

This is where stage B comes into play.

In the risk of excesses between the individualism of isolation and the totalitarianism of depersonalization there is a middle place, which has a rebalancing, mediating, harmonizing function between one world and another, between the individual and the collective.

The family is a place that makes the existence of a complex society on the one hand and a marked individuality on the other "sustainable".

The family is that place of intermediate complexity psychologically fundamental for the other two places to be able to stay together, to coexist.

The family is and always has been the glue that has allowed these places of humanity can continue to evolve and prosper peacefully.

The family has an enemy: survivalism. Survivalists are those who see the family in a short-sighted way, and ignoring what we have described above, they believe that throughout history it has only served the purpose of reproduction/protection linked to the survival of the species. Therefore, today they believe that with artificial insemination, with safer cities, nurseries and schools, somehow the family formed by a man and a woman is no longer necessary. But this is a fallacy. It is short-sighted. The survivalist lives in unreality because he does not realize the human, instinctive, protective and psychological importance of the family.

If work ensures the physical survival of the human being, family allows the mental one.

In fact, the family is also the place that allows men and women to unfold their inclinations, put down their roots and develop their vital and specific energies.

There are healthy and vital instincts in the human being such as the search for the opposite sex, for intimate and lasting companionship, for exchange and deep knowledge, for protection and security, instincts that cannot be realized alone and that cannot be realized in the frenzy and instability of the group, of the collective.

Since the dawn of time, family has always allowed people to satisfy these instincts, primordial instincts, fundamental instincts. survival instincts.

And yes.. The family is survival, psychological, systemic, reproductive, human and social.

Survivalism is only one of the many deviations of today's society, it is simply survival as an immature consciousness sees or perceives it, a mind only partially or not at all in tune with reality.

Luckily our brains are fully functioning, able to see the bigger picture beyond the immediate, and they suggest that family, in the long run, means survival; that feeding and reproducing is not enough to grant a future but that we must also accompany our children, educate them, we must also show them the joy and love of being together in sincerity and passion with their partner so that one day they too can do it and to carry on human history in the most beautiful, resilient and glorious way there is.

To rediscover these energies, this knowledge, these feelings, we must investigate, read, study, understand, and then listen to ourselves, listen to the messages that our body, that our brain sends us. We will feel that there is still that instinct, that strong need for life, happiness, ardour and strength that has brought us here today.

If we rediscover those energies, we will also understand how to rediscover the sense of family, the sense of its pillars, fatherhood and motherhood, the sense of joy, knowledge, experience and serenity that living a family entails.

We will no longer feel the need for the pale happiness of the consumerist and homogenized world, of short term gratification, of running and frantically filling life for fear of being alone.

The family is that learning space that makes us understand that we are all a little different, but also all in common, we are a little controlled, and a little uncontrollable, we are not divisible and we are never completely united. We are a large organism that lives, that moves in space, that floats in a timeless journey, in an apparent chaos that hides subtle harmonies to be observed, understood and followed, as in a great and deep breath that rises and falls without a real beginning and without a real end, but marks a life in a continuous, eternal, mysterious, beautiful transformation.

A life worth living.



SUGGESTED ENGLISH DOCUMENTS AND ESSAYS BY FABIO BARZAGLI

Men and Women: one single culture. (English essay)

<https://paternita.info/fatherhood/mw.html>

Educational Ideas: being a father in the twenty-first century. (English manual)

https://paternita.info/fatherhood/educational_ideas.pdf

Psyche and Humanity. (English user manual)

<https://paternita.info/fatherhood/complexity/psyche-humanity.pdf>

America without fathers. (The damage of his father's absence 1970-2000)

<https://www.paternita.info/usa.html>

Father and son meet when they grow up. (English document/video)

<https://paternita.info/fatherhood/father>

Knowing the mind, plagiarism, manipulation (English blog)

<https://psychoglossary.wiki.zoho.com>

TWO ITALIAN BOOKS BY FABIO BARZAGLI

DIVENTARE PADRE (To Become Father) – ULTRA PUBLISHING 2014 - "**Honesty** is the highest form of intelligence, sly people have not enough intelligence to understand it." b. page: <https://libri.paternita.info>

CONSAPEVOLEZZA (Awareness) – MONDO NUOVO 2025 - "**How does the human psyche work? What is the unconscious? Why are we angry, anxious, depressed? What is Life? We're moved by archetypes, subconsciously learned during childhood. We can be free to become what we want only identifying this ancestral schemes. This book will approach these topics using a practical and multidisciplinary method: philosophy, neuroscience, psychology, metaphors, poem, with the aim to understand what Complexity is.**"

book pages: <https://paternita.info/l/awareness.html> - <https://consapevolezza-mondonuovo.blogspot.com>